

Illinois Satsang Society
2018 – ECK Light and Sound Service Themes

January

Open Your Heart to Inner Guidance with the Sacred Word HU

“When you’re having any kind of trouble and you want an insight into what you can do or an understanding to get through the problem, sing the song of HU. It has the power of God, and it has the love of God in it. It’s a beautiful song.” – Harold Klemp, *What Is Spiritual Freedom?*, Mahanta Transcripts, Book 11, p. 51

February

Divine Kinship: Animals as Carriers of Divine Love

“We tend to think of humans as the pinnacle of evolution. This may be true of biological evolution, but it is not necessarily the case from a spiritual perspective. Many Souls in the animal form are already highly evolved spiritually. They can give and receive divine love in a way that many humans would not understand.” – Harold Klemp, *Animals are Soul too!*, p. 12

March

When Life Changes Unexpectedly, Get Spiritually Creative!

“People always think the old way is better. Why? Because change is such a difficult thing to come to grips with. Nobody likes to change, because changing from one state to another is a spiritual process. Nobody likes to go through spiritual processes. It means having to do something unfamiliar. Everybody likes to do the familiar thing.” – Harold Klemp, *The Road to Spiritual Freedom*, p. 166

April

Put More Heart into Life: Loosen the Grip of Fear

“Singing HU as a nondirected prayer can instantly open your heart to divine love even as you sing. Truth will come to you, and fear will flee.” – Harold Klemp, *Spiritual Wisdom on Conquering Fear*, p. 39

May

Growing Spiritually in Our Relationships

“A loving relationship is the first step to loving God.... Your journey to God begins at home.” – Harold Klemp, *A Modern Prophet Answers Your Key Questions about Life*, Book 2, p. 165

June

Everywhere You Are Is Sacred Space

“Begin your day by envisioning your home, work environment, or wherever you are as a sacred place where you are acting on the call of God to serve. Dedicate yourself accordingly. You are in holy service to life itself.” – Harold Klemp, *Spiritual Exercises for The Shariyat, Book Two*, p. 89

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July

Become a Greater Channel for the Holy Spirit: Rewards of Yielding

“He who can yield, can survive both here in life and in the invisible worlds. This is what makes marriages last throughout the years, what makes friendships everlasting, what makes nations friendly in relation to one another, and what allows Soul to live in eternity.” – *The Shariyat-Ki-Sugmad*, Book 2, p. 187

August

How Dreams and Soul Travel Can Help You with Life’s Challenges

“In the dream teachings of ECK, we learn to identify the problems that are plaguing us. The Inner Master begins to open up small scenes from our past. We sometimes perceive these as disjointed dreams. These dream experiences give us a way to start finding out who and what we are.” – Harold Klemp, *Spiritual Wisdom on Dreams*, p. 50

September

What Would Love Do Now?

“Whenever you’re in doubt about any action, ask yourself: Is it true? Is it necessary? Is it kind? You can also ask, What would love do now?” – Harold Klemp, *Spiritual Wisdom on Relationships*, p. 2

October

Living in Harmony with the Spiritual Laws of Life

“We begin to have experiences with the Light and Sound of God, and thus we develop a greater understanding of the spiritual laws of life. Knowing these laws, we can then make our own life easier.” – Harold Klemp, *The Dream Master*, Mahanta Transcripts, Book 8, p. 140

November

Exploring Past Lives to Heal the Present

“We need to understand that the challenges we face today involve all sorts of past-life experiences. Once we gain awareness of these links to other lives, it’s possible to handle our challenges in a better way this time around. We can end a chain of karma that has lasted for centuries.” – Harold Klemp, *Spiritual Experiences Guidebook*, p. 13

December

May the Blessings Be; Not My Will but Thine Be Done

“HU, this ancient love song to God, is the most beautiful prayer. As you sing HU, you’re not asking God to help you. You’re saying that whatever needs to be in life, you are willing to accept it, no matter what it is. In other words, you’re simply saying ‘Thy will be done.’ This is true prayer.” – Harold Klemp, *Spiritual Wisdom on Prayer, Meditation, and Contemplation*, p. 25